

# Auburn™ Conference Chair User Instructions



## 1. Fixed Aluminum Arms:

The sculpted aluminum arms, complete with soft polymer covers, offer support while sitting. With intentionally designed dimensions, the arms conveniently fit just underneath standard worksurface or table height.

Armrests help to decrease body flexion, knee and hip movements, thereby reducing stress in the knee and hip joints during sitting-to-standing transitions.

## 2. Seat Depth Adjustment:

Adjust the seat depth by lifting the lever located under the righthand side of the seat. Adjusting the seat depth allows for maximum leg support while avoiding undue pressure behind the knees.

Seat your body all the way back in the seat so you experience the full support for hips, posterior and thighs with little to no pressure under the front of the thigh.

## 3. Weight Balanced Tension Adjustment:

The reclining back tension automatically adjusts for the user's shape and size, allowing for comfortable support while maintaining controlled back and forth movement.

## 4. Seat Height Adjustment:

Adjust the seat height by lifting the lever located on the righthand side of the seat, behind the seat depth adjustment lever. To achieve proper seat height, your feet should be flat on the floor with your upper to lower legs at approximately 90 degrees.

In conjunction with the waterfall edge and the seat depth adjustment, the seat height adjustment serves to provide the user with personalized support for the whole body, thereby promoting comfort and productivity.

## 5. Four-position back lock:

Lock the back, preventing the chair back from reclining, by pulling the lever forward. Unlock the back by pushing the lever backward.

The back lock is offered to accommodate possible task-specific needs and personal preferences.

## 6. Integrated Lumbar Support:

The Auburn chair back naturally fits the curvature of the user's body shape, offering long-term support. The flexible qualities of the back construction contribute to the chair's overall comfort.



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